

Do you or anyone you know suffer from Bladder control problems, Pelvic Pain or Colorectal issues? Are You Frustrated with your condition? HELP IS HERE!



Come to our *FREE* Informative Seminar

given by both:

Dr. Jill Genua, MD

Fellow of the American Society of Colon and Rectal Surgeons
Board by both: The American Board of Colorectal Surgery and American Board of Surgery

and

Cindi A. Prentiss Lattanzio

MBA,PT,OCS,Cert. MDT, LMT

Well-Respected Women's Health Physical Therapist

Sponsored by: Physical Therapy & Beyond

- ?? When and why you should see a doctor for problems such as pelvic pain, incontinence, and other pelvic floor problems.
- ?? What you should know about prevention and screening for colorectal cancer
- ?? Why your doctor recommends colonoscopies and why you should listen
 - ?? Learn how to Exercise without creating pelvic spasms.
 - ?? Lifestyle changing Tips including breathing techniques.
 - ?? Decrease Scar Tissue which may be affecting your symptoms
- ?? Control and Prevent Leaking while Laughing, Coughing, Lifting, Walking, etc.

Date: Wednesday, March 10th, 2010

Registration: 7:00 pm Start time: 7:30 pm

Location: Beyond Fitness

(Located next to Physical Therapy & Beyond)

196 Belle Mead Rd. Suite 4

E. Setauket, NY 11773

CALL TO REGISTER or FOR MORE INFORMATION

631-941-3535

Email: DebraT@PhysicalTherapyBeyond.com

www.PhysicalTherapyBeyond.com

REMEMBER March is National Colorectal Cancer Awareness Month